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| **Table 1** Anthropometric parameters and blood pressure in adolescents of Area Toledo Study | | | | |
|  | Total (n=53) | Boys (n=22) | Girls (n=31) | *P* |
| Weight (kg) | 59.5 (16.5) | 64.2 (20.0) | 59.0 (13.5) | 0.698 |
| Height (cm) | 166 (16.0) | 164.7 (14.3) | 166.5 (17.3) | 0.698 |
| Body mass index (kg/m2) | 21.5 (5.0) | 21.8 (5.6) | 21.3 (4.7) | 0.652 |
| Waist circumference (cm) | 73.0 (14.0) | 75.2 (14.9) | 72.0 (13.0) | 0.814 |
| Hip circumference (cm) | 95.0 (13.3) | 97.0 (12.6) | 92.0 (14.0) | 0.426 |
| Waist-to-hip ratio | 0.76 (0.1) | 0.76 (0.1) | 0.76 (0.1) | 0.993 |
| Brachial perimeter (cm) | 26.0 (4.7) | 26.5 (5.0) | 26.0 (5.0) | 0.942 |
| Tricipital fold (mm) | 17.0 (12.0) | 16.5 (11.5) | 19.0 (12.0) | 0.575 |
| Body fat mass (%)\* | 21.2 (16.0) | 20.0 (18.2) | 23.4 (16.5) | 0.718 |
| Conicity index | 1.11 (0.12) | 1.13 (0.10) | 1.10 (0.12) | 0.248 |
| Systolic blood pressure (mmHg) | 116.0 (11.0) | 115.0 (10.3) | 118.0 (11.0) | 0.170 |
| Diastolic blood pressure (mmHg) | 75.0 (10.5) | 77.0 (10.3) | 73.0 (10.0) | 0.342 |

Results are reported as Median (interquartile range); U de Mann-Whitney (statistical significance was set up at *P* < 0.05). \*Determined by bioimpedance.