

**Title: Lifestyle and clinical factors affecting the quality of life related to health.**

**Título: Estilo de vida y factores clínicos que afectan a la calidad de vida relacionada con la salud.**

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## **Presentation letter**

Please, find enclosed the manuscripts entitled “Lifestyle and clinical factors affecting the quality of life related to health” to be considered for the final thesis/master work contest around. The document has been proposed according the guidelines for authors of the Journal of Negative and No Positive Results.

This material is an original investigation study, a transversal, observational and prospective pilot trial, which has not been previously published, nor is it being reviewed by any other journal.

The main message of the article is that there is a possible relationship between some phenotypic, personal and lifestyle factors with quality of life. This research enabled us to obtain a pilot vision of the lifestyle of the population and the planning of future research despite that the outcomes were not sufficient satisfactory. However, the results suggest that it would be interesting to continue investigating the effects of some phenotypic factors on the quality of life related to health. In addition, due to the current population’s interest to maintain a healthy lifestyle, it would also be of scientific interest to continue investigating on the influence that diverse factors have on the quality of life.