

Paredes Barato V, San Mauro Martín I, Garicano Vilar E, Moraleda Ponzola E, López Oliva S, Sanz Rojo S, Petrov P. Influence of sleep upon overweight in children and adolescents. *JONNPR*. 2016;1(6):224-228. **DOI:** 10.19230/jonnpr.2016.1.6.1089